

Recreational	U10	U12	U14	U16	U19
Ball Size	4	4	5	5	5
Minutes/half	25	30	35	40	45
# players min.	5	7	7	7	7
# players max.	8	11	11	11	11
Throwin retry	One	No	No	No	No
Red/Yllw Cards	Leniency	Yes	Yes	Yes	Yes
Half time = 5 minutes all ages 'Safe' prescription eyewear is allowed					
Offside called = for U10 & above = all competitions					
Substitutions okay @ Kickoffs, G-Kicks, Injuries, Throwins (possessing team only)					
Sportsmanship Rule = Remove 1 player for each goal advantage above 3 goals					
Assistant referees not assigned @ U10 & younger (enlist club linesmen)					
Coach misconduct = 1 ask...2 tell...3 dismiss (3 strikes = dismissal...no red card)					
Player Pass = no pass = no play = no exceptions = NO EXCEPTIONS					
Game Card Reporting = ref keeps card = ref files game report online					
Red Card or Dismissal = ref keeps player or coach pass...files report immediately					

Competitive (Norcal)	U9-U10	U11	U12	U13-U14	U15-U16
Ball Size	4	4	4	5	5
Minutes/half	25	30	35	35	40
# players min.	5	5	7	7	7
# players max.	8	8	11	11	11
Throwin retry	One	No	No	No	No
Red/Yllw Cards	Leniency	Yes	Yes	Yes	Yes
Half time = 10 minutes all ages 'Safe' prescription eyewear is allowed					
Assistant referees not assigned @ U10 & younger (enlist club linesmen)					
Substitutions okay @ Kickoffs, G-Kicks, Injuries, Throwins (either team)					
Sportsmanship Rule = NO = do not expect player removal = Coach discretion only					
Coach misconduct = 1 ask...2 tell...3 dismiss (3 strikes = dismissal...no red card)					
Player Pass = no passes = no play applies if 1 or 2 players					
Player Pass = no passes for team = photo team, play game & file incident report					
Game Card = Ref & both Coaches sign = home team keeps card & reports online					
Red Card or Dismissal = file report immediately (do not keep player or coach pass)					